

Spring & Summer 2015 Yoga, Music, Creative Movement, & Brain Gym®

Thank you to all the parents who have provided feedback on the successful introduction of Noreen Donnell's Music by Design program last summer. With this success we will now be introducing another well known successful program that most of you will be familiar with called DramaWay. The goal here is to provide a unique learning and development program leveraging 4 successful proven techniques delivering a healthy mind, soul, and body experience.



Spring Session

Yoga + Creative Movement (All Ages) \$179

Dates: May 2015—June 2015 (6 weeks)
Day: Tuesday or Wednesday
Time: 5:30—7:00pm
Duration: 1.5 Hours
Breakdown: 45 min. Yoga, 45 min. Creative Movement

Summer Session

Yoga + Music + Creative Movement (All Ages) \$279

Dates: July 13—July 17 (Monday-Friday)
Time: 9:30am—12:30pm (3 hours)
Breakdown: 1 hour Yoga, 1 hour Music, 15 min. break, 45 Min. Dramaway

Dates: August 10—August 14 (Monday-Friday)
Time: 9:30am—12:30pm (3 hours)

Yoga: Goals will include: physical strength, muscle toning, concentration, body awareness, and social skills. Also included in every class are Brain Gym® activities. Read about it at: <http://www.braingym.org/studies>

Music: Students will enjoy and participate in music facilitated by well known music therapist Noreen Donnell. The music session will include instrumental, vocal and movement activities.

Creative Movement: Students will be exploring the world of creative movement through music and acting, expressing themselves in a variety of activities. Andrea Beebe comments, “working in an environment of inspiring individuals epitomizes the importance of art in our lives. I cannot wait for this year to unfold, let the adventure begin!”

Location details

Mississauga Studio Location: June Lawrence School of Dance 3190 Ridgeway Dr. Unit 31, Mississauga (West of Winston Churchill north of Dundas south of 403).

Geared towards individuals with special needs of all abilities. Days & times, subject to change.

Contact Francesca Bell for your registration
or inquiry at your preference by
Phone: 416-509-1094 or
Email: yoga@bell.net

